Original Soymilk

Three great sizes formulated for WIC.

Nutrition Facts

Serving Size 1 Cup (240mL)
Servings Per Container About 8

Amount Per Servin g	
Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Potassium 380mg	11%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Suga rs 6g	
Protei n 8g	16%

Vitamin A 10 % •	Vitamin C 0%
Calcium 45 % •	Iron 8%
Vitamin D 30 % •	Riboflavin 30 %
Folate 15% •	Vitamin B 12 50%
Phosphorus 25 % •	Magnesium 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

- America's best-selling soymilk brand
- Easily found in the refrigerated dairy section in stores nationwide
- 50% more calcium than dairy milk[1]
- 8 grams of protein per serving
- Free of dairy, lactose, gluten, cholesterol
- Made from soybeans, not isolated soy protein

INGREDIENTS: Soymilk (Filtered Water, Soybeans), Cane Sugar, Contains 2% or less of: Vitamin & Mineral Blend (Tricalcium Phosphate, Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Natural Flavor, Gellan Gum.

Allergen Statement: Contains Soy. Produced in a facility that also processes Almond and Coconut. Silk employs stringent allergen quality control procedures in all of our manufacturing facilities. To learn more, visit us at Silk.com/Allergens.

32oz UPC

64oz UPC

128oz UPC

WhiteWave Foods
12002 Airport Way
Broomfield, CO 80211

Contact:
silkwic@whitewave.com

NON GMO Project VERIFIED
nongmoproject.org

For recipe ideas, go to Silk.com

Silk® Original Soymilk meets the Federal requirements for the Women, Infants and Children Supplemental Nutrition Program (7CFR section 246.10). Please check with your state/local WIC program regarding eligibility.

1 Silk Originial Soymilk has 45% DV of calcium, versus 30% DV in typical dairy milk. Dairy data from USDA National Nutrient Database for Standard Reference, Release 28.

Leche de soya original

Tres excelentes tamaños formulados para el programa WIC.

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- La marcha de leche de soya que más se vende los Estados Unidos
- Fácil de encontrar en la sección de productos lácteos refrigerados en tiendas en todo el país
- Un 50% más de calcio que la leche común[1]
- 8 gramos de proteína por porción
- Libre de productos lácteos, lactosa, gluten, colesterol
- Hecha de porotos de soya, no de proteína de soya aislada

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32oz UPC
0 25293 60037 9

64oz UPC
0 25293 60039 3

128oz UPC
0 25293 60092 8

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12002 Airport Way
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Contact:
silkwic@whitewave.com

Para obtener recetas, vaya a Silk.com

La lecha de soya original Silk® cumple con los requisitos federales para el Programa de Nutrición Suplementaria para Mujeres, Bebés y Niños (Código de Reglamentos Federales 7 sección 246.10). Por favor compruebe con el programa WIC de su estado/local sobre los criterios de elegibilidad.

1 45% de los valores diarios necesarios de calcio en comparación con el 30% de los valores diarios necesarios en la leche normal. Base de datos nacional de nutrientes de USDA para referencia estándar, publicación 28.